

INFERNO MIXED MARTIAL ARTS

Awards Program

Dear Parents:

In keeping the principles and goals of martial arts, I have established an awards program for children. The object is to encourage the development of good habits in our junior students through positive reinforcement. Youngsters will earn special recognition and awards as they learn to accept responsibilities at home. We hope this system of cooperative motivation will support you as parents in the family education of your children.

The score sheet provided with this letter lists 14 daily responsibilities in the left column. Blank lines are for you to list chores or behaviors specific to your child or your family. Numerical dates for the days of the month are listed across the top of the sheet. At the end of the day, look down the list with your child and check off the responsibilities that he or she completed that day. We ask that parents be the official scorekeepers, but you can certainly let your student draw a check mark, smiley face or gold star in the appropriate box. If your child performs at least 7 of the recommended behaviors in any one day, then a score of ONE point should be marked at the bottom of the column for that day. At the end of the month, add up the points across the bottom of the page (maximum possible 31), sign the sheet and have your child return it to Inferno Mixed Martial Arts. He or she will be given a new sheet for the next month, along with congratulations and maybe a reward from his or her coach.

30 points receives a Blue Star on their uniform, and 150 points receives a Gold Star. Youngsters thrive on the appreciation and approval they receive for their good behavior. It has been shown that training systems of this type enhance the development of responsibility, capability, cooperation, helpfulness and therefore, in an ever increasing cycle of self-improvement.

We hope that you will encourage your child's regular participation in this program. Each award presentation should be a very special time for our children, and for you, the proud parents.

Sincerely yours,

Ashley Sparks
Program Director

